

## SUNDAY

**Sun NOON Serenity On Sunday**, New Hope House Bldg., 101-103 Bassett Highway, Dover, NJ, 07801 (C,NC,WC,NS,Ta)

**Sun 7:30 PM Just for Today**, Skylands Unitarian Church, 1811 Route 57, Hackettstown, NJ, 07840 (Bk,D,O,NS)

**Sun 7:30 PM Rockaway Recovery**, Assembly of God, 113 East Main Street, Rockaway, NJ, 07866 (D,O,S,WC,NS)

## MONDAY

**Mon 6:30 PM Primary Purpose**, Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street, Newton, NJ, 07860 (JFT,O,WC,NS)

**Mon 7:30 PM It Works**, United Methodist Church, 91 Main Street, Succasunna, NJ, 07876 (C,SWG,WC,NS)

**Mon 7:30 PM Lost & Found**, First Presbyterian Church of Boonton, 513 Birch Street, Boonton, NJ, 07005 (Bk,D,O,WC,NS) *Park on Birch St., use door on right under walkway*

## TUESDAY

**Tue 6:00 PM Pride In Recovery - LGBTQ+**, <https://us02web.zoom.us/j/87135899095>, Meeting ID 871 3589 9095, Dial in 646-558-8656, Rockaway, NJ, 07866 (G,O,Ro,VM) *LGBTQ+*

**Tue 6:30 PM Boonton New Day New Beginnings**, St. Clair's Riverside Hospital, 130 Powerville Road, Boonton, NJ, 07005 (B,D,O,WC,NS)

**Tue 6:30 PM Circle of Hope**, Center of Prevention and Counseling, 2nd floor room 206, 61 Spring Street, Newton, NJ, 07860 (C,W,NS)

**Tue 7:30 PM Change or Die**, First Presbyterian Church, 291 Main Street, Hackettstown, NJ, 07840 (H&W,O,St,WC,NS)

**Tue 8:00 PM Keep It Simple**, New Hope House Bldg., 101-103 Bassett Hwy., Dover, NJ, 07801 (O,S,WC,NS)

## WEDNESDAY

**Wed 6:30 PM Primary Purpose**, Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street, Newton, NJ, 07860 (D,O,Tp,WC,NS)

**Wed 7:15 PM Wanna Be Men**, New Hope House Bldg., 101-103 Bassett Highway, Dover, NJ, 07801 (C,M,NC,WC,NS,Lc)

**Wed 7:30 PM Women on Wednesdays**, Saints Peter and Paul Orthodox Church, 64 Beach Street, Rockaway, NJ, 07866 (Bk,C,W,WC,NS,Md)

## THURSDAY

**Thu 7:00 PM Clean Slate**, St. Johns Episcopal Church, Blackwell & Bergen, Dover, NJ, 07801 (O,S,St,Td,NS)

**Thu 7:30 PM Sink or Swim**, Faith Discovery Church, 33 Brass Castle Road, Washington, NJ, 07882 (O,Ro,NS)

**Thu 8:00 PM Living in the NOW**, Prince of Peace Lutheran Church, 3320 NJ-94, Hamburg, NJ, 07419 (Cn,O,WC,NS,V)

## FRIDAY

**Fri 6:30 PM Primary Purpose**, Unitarian Universalist Fellowship of Sussex County, 1 West Nelson Street, Newton, NJ, 07860 (D,O,Td,WC,NS)

**Fri 7:30 PM Total Freedom**, New Hope House Bldg., 101-103 Bassett Hwy., Dover, NJ, 07801 (D,O,Tp,WC,NS)

**Fri 8:00 PM Friday Night Reflections**, United Methodist Church, 219 Hardwick Street, Belvidere, NJ, 07823 (D,O,Ro,RR,S,WC,NS)

## SATURDAY

**Sat 5:00 PM Steps to a New Life Group**, Sussex County Recovery Community Center, 65 Newton Sparta Road, Newton, NJ, 07860 (O,S,SWG,WC,NS)

**Sat 7:00 PM Newton Freedom Group**, Christ Community Church, 274 Spring Street, Newton, NJ, 07860 (C,D)

**Sat 7:30 PM How It Works**, Saint Andrews Lutheran Church, 335 Reynolds Ave., Parsippany, NJ, 07054 (B,O,WC,NS,St1-3)



Northwest NJ Area of  
Narcotics Anonymous

**PHONE NUMBERS - Call Before You Fall!**

**Printed APRIL 2024**

There are 23 weekly meetings in the Northwest Area of NJ

### Meeting Format Legend

B	Beginner	Bk	Basic Text
C	Closed (addicts only)	Cn	Candlelight
D	Discussion	G	Gay/Lesbian
H&W	It Works How and Why	JFT	Just for Today
Lc	Living Clean	M	Men
Md	Meditation	NC	No Children
NS	No Smoking	O	Open (anyone welcome)
RR	Round Robin	Ro	Rotating
S	Speaker	SWG	Step Working Guide
St	Step	St1-3	Steps 1, 2 and 3
Ta	Tag	Td	Tradition
Tp	Topic	V	Varied
VM	Virtual Meeting	W	Women
WC	Wheelchair		

### Helplines & Websites

Meetings and Information	732-933-0462
Helpline	800-992-0401
Northwest Area of NJ website	<a href="http://www.nwnjna.org">www.nwnjna.org</a>
NJ Statewide website	<a href="http://www.nanj.org">www.nanj.org</a>
NA World Services website	<a href="http://www.na.org">www.na.org</a>

### Suggestions

Get and Use a Sponsor

Make 90 Meetings in 90 Days

Get a Homegroup

Don't Use, and Go to a Meeting

Use the Phone

Come Early and Stay Late

Avoid People, Places, and Things

Keep Coming Back!!

### 12 Steps of NA

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed, and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

### 12 Traditions of NA

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.